

**Weekly Activities 2.1. – 22.4.2012**

**MONDAY**

**13.00 – 15.00 Guided Nordic skiing trip:** “Tour de Kiilopää “,  
*Easy, about 5 km*

**10.30 -> Cross country skiing school** for beginners. Duration.  
about.2 hrs. Ski set rental for participants 10e/person/day

**15.00 – 16.00 Enjoy the fireplace at Immon Kammi** (Next to the  
dining room): Fried sausage 1e, hot juice 2e, crowberry toddy 7 e  
- (Program is carried out starting on the 20.2.2012)

**16.00 – 16.30 Stretching** in the stretching room (Main building).

**20.00-21.00 Short course in Finnish language** (Program is carried  
out 9.1.-13.2.2012)

**TUESDAY**

**10.00 – 15.00 Guided Nordic skiing trip towards Laanila**

*Easy, about 15km*

**16.00 – 16.30 Stretching** in the stretching room (Main building).

**15.00 – 20.00 Smoke sauna and winter swimming**

- price 10e/guests of Fell Centre, others 12e/person,  
children 4-12 years – 50% (program is carried out 2.-  
6.1.2012 ja 21.2.–27.4.2012)

**20.30 - 21.30 Stars and the moon** - guided trip with snowshoes.

Suitable for everyone. *Easy, (Come to the rental shop 5 min  
before, Thank You!)*

**20.30 - 21.30 Let´s sing together!**

(Program is carried out starting on the 21.2.2012)

**WEDNESDAY**

**11.00 – 14.00 Guided snowshoe trip** at the nearby fells and  
forests. *Easy.*

**15.00 – 20.00 Smoke sauna and winter swimming,**

- price 10e/guests of Fell Centre, others 12e/person,  
children 4-12 years – 50%

**15.00 – 16.00 Pancake frying** by open fire

in turf hut Maahinen, free of charge for guests of Fell Centre,  
others 3 e/person (2.1.-15.2.2012). *From 22.2.2012 time is 20.00-  
21.00.*

**16.30 - 17.00 Stretching** at the stretching room (Main building).

**THURSDAY**

**09.00 – 17.00 Guided whole day trip to Inari village:**

Depending on the weather circumstances either cross-country  
skiing trip to Pielpajärvi wilderness church (12km return) or snow  
shoeing on the Lake Inari and visit to Sámi museum Siida. *Easy.*

- bookings and payments at the reception latest  
on Wednesday by noon
- price 75e/adult and 30e/4-12 years, incl. transfers,  
entrance to museum and guidance in English
- min. 5 participants that the trip is carried out

**09.30 – 15.00 Guided Nordic skiing trip** *Hard, about 30km*

(Program is carried out starting on the 23.2.2012)

**21.30-> Finnish dancing** at Restaurant Kammi

(Program is carried out starting on the 23.2.2012)

**FRIDAY**

**10.00 – 15.00 Guided Nordic skiing trip towards**

**Luulampi/Rumakuru.** *Easy, about 15km, (Program is carried out  
starting on the 24.2.2012)*

**11.00-13.00 Cross country skiing school** for beginners (Program  
is carried out 2.1.-17.2.2012.) Ski set rental for participant´s  
10e/person/day

**15.00 – 20.00 Smoke sauna and winter swimming,**

- price 10e/guests of Fell Centre, others 12e/person,  
children 4-12 years – 50%

**SATURDAY**

**Enjoy the winter nature! –**

**Rent a pair of skies, snowshoes or go geocaching.**

**SUNDAY**

**10.00 – 15.00 Guided skiing trip towards Niilanpää.**

*Easy, about 12km, (Program is carried out starting on the  
19.2.2012)*

**20.30 – 21.30 Sámi culture evening** (5.2.-15.4.2012)

**SNOWSHOES FOR A GUIDED TOUR 8 €/PERSON/TRIP**  
**SKI SET FOR A GUIDED TOUR 11€/PERSON/TRIP**  
**FOR THOSE NOT STAYING AT FELL CENTRE KIILOPÄÄ:**  
**PRICE FOR THE TOUR 10€/PERSON + EQUIPMENT**  
**RENTAL AS ABOVE.**

**ABOUT THE TRIPS:**

On the day trips you will be following our professional guides to  
the Lappish nature and wilderness. On the Nordic skiing trips we  
aim to ski as much as possible outside the skiing tracks,  
according to the weather and guides judgement. On the trips you  
can ski with normal Nordic skis, or rent a pair of wider ones from  
our rental shop. **Please take into account that some skiing skills  
are always needed on the trips, look the trip classifications  
down below. If you are not sure is the trip suitable for you,  
please talk with our guides.**

**Clothe** yourself properly according to the weather and take with  
you packed lunch and hot drink.

**Please make sure** you have the needed equipment ready before  
the trip. For rental and waxing come to our rental shop well prior  
to the trip starting time.

**Trips leave at the gate of UK National Park.**

**TRIP CLASSIFICATIONS!**

**Easy:** Calm and steady pace. **Basic skiing skills and reasonable  
physical fitness** required.

**Middle:** Little bit longer and faster trip. **Basic skiing skills and  
physical fitness** required.

**Hard:** Considerably longer and faster trip. **Good skiing skills,  
good physical fitness and endurance** required.

**The weather conditions** might cause last minute changes to the  
trips.

**If no price mentioned** next to trip/program, it is included to the  
**accommodation price.**

**Extra trips and safaris and other fun activities also available!**

All rights are kept for changes (24.3.2012).

**INTO A TUNTURISTA  
TERTETULOA!**

**SUOMEN LATU KIILOPÄÄ  
99830 SAARISELKÄ  
Puh. (016) 670 0700**

**kiilopaa@suomenlatu.fi www.kiilopaa.fi**