

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>10.14.00 FISHING TRIP TO THE RIVER PAJAKKAJOKI</b> Incl. transfers (10 min direction), fishing equipment, permits and picnic lunch 100,-/person single supplement: 10,- www.hotellikalevala.fi</p> <p><b>16.00 BEAR WATCHING NIGHT</b> Duration: 1 night Incl. transfers, guide and pack lunch, 185,-/person www.wildbrownbear.fi</p> <p><b>HERBAL JACUZZI</b> 20 minutes. 26,-/person 40,-/2 persons Min. 1 person www.hotellikalevala.fi</p> <p><b>CLASSICAL MASSAGE</b> 50 minutes or 90 minutes. 45,-/57,-/person Min. 1 person www.hotellikalevala.fi</p> <p><b>INFRAREDSAUNA</b> 30 minutes for 1-3 persons 25,-/group www.hotellikalevala.fi</p>	<p><b>12.-12.30 SIGHTSEEING TOUR WITH A MOTORBOAT</b> by the lake Lammasjärvi, starting from the Hotel Kalevala shore. 28,-/person www.hotellikalevala.fi</p> <p><b>16.00 BEAR WATCHING NIGHT</b> Duration: 1 night Incl. transfers (1 hour/direction), guide and pack lunch, 185,-/person www.wildbrownbear.fi</p> <p><b>16.00 WOLVERINE WATCHING NIGHT</b> 185,-/Pers. incl. transfers (1 hour/direction), picnic, guide www.borealwildlifecentre.fi</p> <p><b>21.00 SUNSET PADDLING ON THE LAKE LAMMASJÄRVI</b> Incl. 3 hours guided tour with coffee/tea by the fire in Harakkasaari island 70,-/person www.erapiira.fi</p>	<p><b>10.-12.00 BICYCLE TRIP</b> along the country side. Incl. drink and snack 38,-/person www.hotellikalevala.fi</p> <p><b>16.00 BEAR WATCHING NIGHT</b> Duration: 1 night Incl. transfers (1 hour/direction), guide and pack lunch, 185,-/person www.wildbrownbear.fi</p> <p><b>17.-22.00 NATURE PROTECTED AREA, REINDEER AND BEAVER AREA</b> A day trip to enjoy the pure nature of Wild Taiga. We will see indices of the beavers, and discover and see the environment of wild forest reindeer as well as the Finnish culture. Incl. transfers (45 min/direction), packet lunch. 95,-/person www.taigaspirit.fi</p>	<p><b>10.-13.00 BICYCLING AND HIKING TOUR</b> Incl. 7 km bicycle tour followed by 2,5 kkm hiking. Coffee/tea 38,-/person www.hotellikalevala.fi</p> <p><b>10.-16.00 LAKE CANOEING</b> Incl. day tour by a wilderness lake, lunch by a camp fire, transfers (30 min/direction) 94,-/person www.erapiira.fi</p> <p><b>14.00-16.00 BIATHLON COMPETITION</b> at the Kalevala ski centre Incl. shooting, guiding and diploma 49,-/person www.hotellikalevala.fi</p> <p><b>16.00 WOLVERINE WATCHING NIGHT</b> 185,-/Pers. incl. transfers (1 hour/direction), picnic, guide www.borealwildlifecentre.fi</p>	<p><b>10.-12.00 NORDIC WALKING TOUR</b> in Kalevala region with a guide, 25,-/person www.hotellikalevala.fi</p> <p><b>10.00 GUIDED TOUR IN HIIDENPORTTI NATIONAL PARK,</b> incl. transfers, picknick, duration 4 hours 250,-/group + 25,-/person <b>Min. 4 persons</b> www.kalevalaspirit.fi</p> <p><b>16.00 BEAR WATCHING NIGHT</b> Duration: 1 night Incl. transfers (1 hour/direction), guide and pack lunch, 185,-/person www.wildbrownbear.fi</p> <p><b>22.00 - VISIT RESTAURANTS OF THE CITY CENTRE ON YOUR OWN:</b> <b>Hotel Kainuu:</b> Disco club, pub and drink bar www.hotellikainuu.com and Vanha Kuusela for traditional Finnish dancing by the marketplace</p>	<p><b>10.-14.00 FISHING TOUR TO THE LAKE SYVÄJÄRVI</b> Incl. transfers (30 min/direction), fishing equipment, permits and picnic lunch 80,-/person single supplement: 10,- www.hotellikalevala.fi</p> <p><b>10.-15.00 THE FINNISH/RUSSIAN BORDER WALK</b> With a walk of about 2-4 km (return) to the border zone we will discover the Finnish border zone. Incl. transfers (1 hour/direction), coffee. 95,-/person www.taigaspirit.fi</p> <p><b>10-12.00 EXCITING SWIM</b> in rescue suit through the rapids of Pajakkakoski Incl. diploma, hot toddy, transfers 135,-/person www.erapiira.fi</p> <p><b>16.00 WOLVERINE WATCHING NIGHT</b> 185,-/Pers. incl. transfers (1 hour/direction), picnic, guide www.borealwildlifecentre.fi</p>	<p><b>10.-15.00 ON BROWN BEAR'S TRACKS</b> During a 2-3 hour guided nature walk in the Finnish taiga you will discover the secrets and tracks of brown bear. Incl. transfers (45 min/direction), coffee. 95,-/person www.taigaspirit.fi</p> <p><b>10.-16.00 LAKE CANOEING</b> Incl. day tour in wilderness lake, lunch by a camp fire, (30 min/direction) 94,-/person www.erapiira.fi</p> <p><b>12.00-18.00 Visit to Juminkeko;</b> information-centre of Kalevala and Carelian culture. Price 4,-/person + taxi drive. You may also go by foot, by bicycle to Kuhmo centre www.juminkeko.fi</p> <p><b>18.-19.00 PEAT SAUNA in Hotel Kalevala</b> this treatment improves your metabolism, 32,-/person <b>Min. 4 persons</b> www.hotellikalevala.fi</p>

**Events in Kuhmo**

Small concert at the Kuhmo Arts centre daily at 14.00 june-july

Sommelo, international ethno music festival 30.6.-5.7.  
„Jolly July“, cultural events for children 1.-31.7.  
Kuhmo Chamber Music Festival 15.-28.7.

**For rent/Hotel Kalevala:**

Boat/Canoe 8,-/hour/40,-/day,

Bicycle 5,-/hour/25,-/day, Tennis field 15,-/hour  
Kick board 3,-/hour/12,-/day  
Nordic-Walking poles 3,-/hour / 12,-/day

**Places to Visit in Kuhmo**

Petola Nature Centre in Kalevala area, free entrance, guided tours from 25,-/group  
Kuhmo Arts Centre with beautiful Lentua hall  
Tuupala Museum  
Winter War Museum in Kalevala area