



FINLAND

**SUMMER WEEKLY PROGRAMME IN KUHMO, 1<sup>st</sup> June – 30<sup>th</sup> August 2010**

Reservations at least 1 day before by 4 pm., minimum 2 persons.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>10.14.00 FISHING TRIP TO THE RIVER PAJAKKAJOKI</b> Incl. transfers, fishing equipment, permits and picnic lunch 100,-/person single supplement: 10,- www.hotellikalevala.fi</p> <p><b>16.00 BEAR WATCHING NIGHT</b> Duration: 1 night Incl. transfers, guide and pack lunch, Price: 185,-/person Min. 1 person www.wildbrownbear.fi</p> <p><b>HERB BUBBLE BATH</b> 20 minutes. Price: 25,-/person 40,-/2 persons Min. 1 person www.hotellikalevala.fi</p> <p><b>CLASSICAL MASSAGE</b> 50 minutes or 90 minutes. Price: 45,-/57,-/person Min. 1 person www.hotellikalevala.fi</p>	<p><b>12.-12.30 SIGHTSEEING TOUR WITH A MOTORBOAT</b> by the lake Lammasjärvi, starting from the hotel shore. 28,-/person www.hotellikalevala.fi</p> <p><b>16.00 BEAR WATCHING NIGHT</b> Duration: 1 night Incl. transfers, guide and pack lunch, Price: 185,-/person Min. 1 person www.wildbrownbear.fi</p> <p><b>16.00 WOLVERINE WATCHING NIGHT</b> 185,-/Pers. incl. transfers, picnic, guide www.borealwildlifecentre.fi</p> <p><b>21.00 SUNSET PADDLING ON THE LAKE LAMMASJÄRVI</b> Incl. 3 hours guided tour with coffee/tea by the fire in Harakkasaari island 70,-/person www.erapiira.fi</p>	<p><b>10.-12.00 BICYCLE TRIP</b> Incl. drink and snack Price: 38,-/person www.hotellikalevala.fi</p> <p><b>10.-16.00 LAKE KAYAKING</b> Incl. lunch by a camp fire 94,-/person min. 1 person + transfer separately www.erapiira.fi</p> <p><b>16.00 BEAR WATCHING NIGHT</b> Duration: 1 night Incl. transfers, guide and pack lunch, Price: 185,-/person Min. 1 person www.wildbrownbear.fi</p> <p><b>10.-16.00 HUSKY TREKKING</b> In Ultima Taiga basecamp near Russian border. Incl. transfers, 4 hours trekking in the forest routes, welcoming soft drink, Picnic lunch by a camp fire and coffee/tea Price: 120,-/person Min. 1 person www.ultimataiga.fi</p>	<p><b>10.-13.00 BICYCLING AND HIKING TOUR</b> Incl. guided tour in the country side with coffee/tea Price: 38,-/person www.hotellikalevala.fi</p> <p><b>13.00 GUIDED TOUR IN KALEVALA SPIRIT EXPERIENCE PARK</b> 25,-/pers. Valid 25.6. – 10.8. www.kalevalaspirit.fi</p> <p><b>14.00-16.00 BIATHLON COMPETITION</b> at the Kalevala ski centre Incl. shooting, guiding and diploma Price: 49,-/person www.erapiira.fi</p> <p><b>16.00 WOLVERINE WATCHING NIGHT</b> 185,-/Pers. incl. transfers, picnic, guide www.borealwildlifecentre.fi</p> <p><b>18 – 21 SMOKE SAUNA in Kalevala Camping</b> 40,-/person, incl. towel www.kalevalaspirit.fi</p>	<p><b>10.-12.00 NORDIC WALKING TOUR</b> in Kalevala region with a guide, Price: 20,-/person www.hotellikalevala.fi</p> <p><b>10.00 GUIDED TOUR IN HIIDENPORTTI NATIONAL PARK,</b> incl. transfers, picknick, duration 4 hours 250,-/group + 25,-/person <b>Min. 4 persons</b> www.kalevalaspirit.fi</p> <p><b>16.00 BEAR WATCHING NIGHT</b> Duration: 1 night Incl. transfers, guide and pack lunch, Price: 185,-/person Min. 1 person www.wildbrownbear.fi</p> <p><b>22.00 - VISIT RESTAURANTS OF THE CITY CENTRE ON YOUR OWN:</b> <i>Hotel Kainuu.</i> Disco club, pub and drink bar www.hotellikainuu.com</p>	<p><b>10.-14.00 FISHING TOUR TO THE LAKE SYVÄJÄRVI</b> Incl. transfers, fishing equipment, permits and picnic lunch 80,-/person single supplement: 10,- www.hotellikalevala.fi</p> <p><b>10-12.00 EXCITING SWIM in rescue suit through the rapids of Pajakkakoski</b> Incl. diploma, coffee/tea and transfers 350,-/group + 45,-/person <b>Min. 5 persons</b> www.erapiira.fi</p> <p><b>16.00 WOLVERINE WATCHING NIGHT</b> 185,-/Pers. incl. transfers, picnic, guide www.borealwildlifecentre.fi</p>	<p><b>10.-16.00 LAKE KAYAKING</b> Incl. day tour in Jämäsjärvi lake with lunch by a camp fire 94,-/person min. 1 person + transfer separately www.erapiira.fi</p> <p><b>12.00-18.00 Visit to Juminkeko;</b> information-centre of Kalevala and Carelian culture. Price 4,-/person + taxi drive. You may also go by foot, by bicycle to Kuhmo centre www.juminkeko.fi</p> <p><b>18.-19.00 PEAT SAUNA in Hotel Kalevala</b> this treatment improves your metabolism, Price: 32,-/person <b>Min. 4 persons</b> www.hotellikalevala.fi</p>

**Events in Kuhmo**

Small concert at the Kuhmo Arts centre daily at 14.00 june-july  
Sommelo, international ethno music festival 1.-7.7.  
„Jolly July“, cultural events for children 1.-31.7.  
Kuhmo Chamber Music Festival 11.-25.7.

**Places to Visit in Kuhmo**

Petola Nature Centre in Kalevala area, free entrance  
Kuhmo Arts Centre with beautiful Lentua hall  
Tuupala Museum  
Winter War Museum in Kalevala area